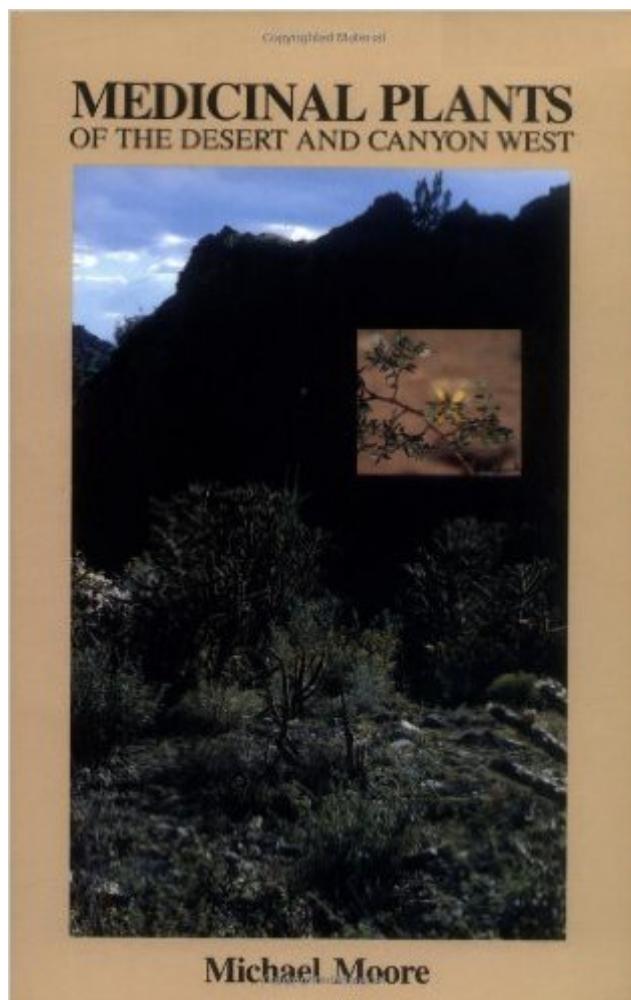


The book was found

Medicinal Plants Of The Desert And Canyon West: A Guide To Identifying, Preparing, And Using Traditional Medicinal Plants Found In The Deserts And Canyons Of The West And Southwest





Synopsis

This classic work on medicinal herbs of the Western uplands is an authoritative presentation of more than 100 species. Unsurpassed as a field guide for its authoritative information on collection and medicinal preparation. Focuses on the plant life of rocky and arid lands of the West, and includes detailed information on the preparation and use of these vital herbs.

Book Information

Paperback: 368 pages

Publisher: Museum of New Mexico Press (June 1, 1989)

Language: English

ISBN-10: 0890131821

ISBN-13: 978-0890131824

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 10.7 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ See all reviewsÂ (30 customer reviews)

Best Sellers Rank: #70,544 in Books (See Top 100 in Books) #8 inÂ Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Region > West #97 inÂ Books > Science & Math > Nature & Ecology > Reference #136 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

Customer Reviews

This book makes it easy to understand the preparation and use of herbs for a variety of everyday family herbal-aid applications. The instructions include the part of the plant used - flower, root, leaves, berries, bark etc. It goes on to explain why fresh or why the dry plant is useful and how to deal with your own gathering of the plant and what to do in simple A to Z instructions.

I recently moved to the Sonoran Desert but had no idea what treasures awaited me until I bought and read this small book. This guide has opened my eyes to what is around me. I've taken pictures of interesting plants along the roads but didn't know they were medicinal or edible until I read about them here. The next time I go for a walk or drive, it will be with newly opened eyes. The illustrations are good, the instructions are specific. Some of the explanations and narratives are so hysterically funny, you will have no problem understanding effects of either taking or not taking described potion or poltice. I heartily recommend this quide on several different levels.

This is a well recommended book, but needs more photos and colored photos. If you are trying to teach yourself with out anyone to help you....well good luck. That's more than I could do with this book.

I live in the desert; when I look out the window now, I no longer see pesky sage brush and annoying goat heads and pushy, intrusive shrubs and cactus. I see the living, breathing, quietly waiting elements of medicine for human health. I see the possibility of caring for ourselves in a world that has become toxic to ordinary people in ways our ancestors couldn't imagine. I'm very, very grateful to Mr. Moore for the legacy he left; we are stronger for his having lived. Hyperbole aside, the book is an invaluable reference. Not only does it describe the desert medicinal plants in excellent detail and provide information on preparation and usage, it also contains valuable insights into the preparation of medicinals in general and cleared up a few questions I didn't realize I had about the making of tinctures. My methods are better thanks to this book. That means my medicines will be more effective; no small thing. A lot of my reading material these days is in electronic form. Generally, just the books I think of as "happy trash"; those novels and stories that amuse me but that could evaporate tomorrow and leave no one much the poorer for it. But, I am keenly aware of which books should never be kept only in electronic form. We need printed books very, very much because they contain the potential to outlast electricity. This isn't a small consideration anymore. This book of Mr. Moore's should definitely be in your analog collection. It needs to last. Buy two copies to be sure.

I've been utilizing this book for over 10 years as a teaching tool and reference for my Medicinal Plants of the Baja class. Michael Moore is a hoot, excellent research on plant constituents and medicinal uses. Couldn't have done it without him! Check out [...] Thank you, Michael.

In preparation for a trip to the Southwest, I purchased Medicinal Plants to bone up on what I'd be finding while poking around the desert. I was surprised to discover how much was packed in its 180-some pages. Everything from small distribution maps to lists of constituents, preparation, usage, and collecting info is included, along with clear illustrations by Mimi Kamp and a middle section of color photographs. And let's not forget Moore's irreverent humor that pops up when you least expect it. I don't live in the Southwest, which is the only reason I held off from purchasing the book for as long as I did. Had I known what it was like, I would have purchased it long ago, travel plans or not.

This book was very easy to use. I wished there was more color photos but with such good descriptions and drawings you really don't need them. There are color photos for about half the plants described in the book. I love the way Michael Moore writes. He makes it so easy to read and understand. This book will be used for years to come in my home.

not sure if there are two editions of the book, being that there appear two different covers... one with the mountain and the other with the flowers. i gave this book a three-stars because in this day and age i was expecting color photos. the kicker was that the color plates of this book was inserted upside down and needed to turn the book upside down to read. the book is more of a reading book than an identification field book.

[Download to continue reading...](#)

Medicinal Plants of the Desert and Canyon West: A Guide to Identifying, Preparing, and Using Traditional Medicinal Plants Found in the Deserts and Canyons of the West and Southwest
Medicinal Plants of the American Southwest (Herbal Medicine of the American Southwest)
Medicinal Plants of North America: A Field Guide (Falcon Guide Medicinal Plants of North America)
Why Oh Why Are Deserts Dry?: All About Deserts (Cat in the Hat's Learning Library)
The Forager's Harvest: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants
Nature's Garden: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants
The Deserts of the Southwest: A Sierra Club Naturalist's Guide (Sierra Club Naturalist's Guides)
Desert Life: A Guide to the Southwest's Iconic Animals & Plants and How They Survive
Identifying Spiders: The New Compact Study Guide and Identifier (Identifying Guide Series)
Identifying Coca-Cola Collectibles (Identifying Guide Series)
Life Strategies of Succulents in Deserts: With Special Reference to the Namib Desert (Cambridge Studies in Ecology)
Grand Canyon: The Complete Guide: Grand Canyon National Park
The Beginner's Guide to Medicinal Plants: Everything You Need to Know About the Healing Properties of Plants & Herbs, How to Grow and Harvest Them
Sonoran Desert Food Plants: Edible Uses for the Desert's Wild Bounty
Canyon of Dreams: The Magic and the Music of Laurel Canyon
The Grand Canyon, Monument to an Ancient Earth: Can Noah's Flood Explain the Grand Canyon?
America's Deserts: Guide to Plants and Animals (America's Ecosystems)
Medicinal Plants of the Pacific West
Medicinal Plants of the Mountain West
Foraging the Rocky Mountains: Finding, Identifying, And Preparing Edible Wild Foods In The Rockies (Foraging Series)

[Dmca](#)